

Engaging with Faculty to Improve Mental Health Outcomes for Students

1. Welcome – Greeting and introductions
2. Session Goals:
We will share perspectives on how faculty may understand and address the mental health challenges faced by students today. We will engage in the conversation, posing questions and proposing solutions.
3. Faculty Engagement with Student Mental Health on Our Campuses
 - a. Current state: challenges and successes
 - b. Future state and path to that state
4. Conclusion

Questions:

- How do faculty members on your campus become informed about mental health resources for their students?
- What methods of informing your faculty members have been effective? What improvements could be made?
- What methods of informing your faculty members have not been effective? Would a change make them more effective?
- Where are the barriers to engaging faculty members in student mental health initiatives?
- How does a campus make progress on student mental health when faculty members respond with questions or statements like:
 - As a faculty member, how am I qualified to participate?
 - Will I get in trouble if I send them to the wrong person or office?
 - I am uncomfortable talking with students about these issues.
 - This is not my responsibility. I am here to be a scholar in my discipline.
 - I don't want this responsibility.
 - Won't students turn this into a way to get out of the work in my class?
 - With everything else the university expects me to do, including my research and getting tenure, how do you expect me to have time to care for mental health issues too?