# hazing prevention **INSTITUTE** POWERED BY **UT System**

What is the current prevention landscape & does it address hazing?

What is the dominant lens that defines our approach? What does the research say about hazing and why it happens? What are the motivators or precursors to hazing? How do we disrupt them? What does the prevention literature say about what works?



# **Institute Schedule**

### Monday, February 12



12:00 pm	Summit Check-In/Boxed Lunch				
1:00 pm	System-Wide Welcome & Kick-Off				
1:30 pm	Change is Possible: A Case Study on Smoking				
2:00 pm	Our Starting Place: What's Happening on our Campuses				
3:10 pm	Break				
3:30 pm	What We Know About Why Hazing Happens: What the Research Says				
4:15 pm	Motivators for Hazing				
4:50 pm	Break				
5:05 pm	Disrupting Hazing: The 4 Cs of Situational Strength				
5:45 pm	Review of Logistics/Dismiss for day				

### Tuesday, February 13

8:15 am	Summit Check-In			
8:30 am	Panel Discussion: Prevention Strategies for Enacting Change			
10:00am	Break			
10:15 am	How to Know if Your Plan is Working: Results Based Accountability			
11:00 am	Break/Lunch			
11:15 am	Working Your Plan/Working Lunch			
12:25 pm	Next Steps			
12:40 pm	Closing Remarks/Departure			





# 2000: 22.6%

# Youth smoking rate

2019: **3.7%** 

Image Credit: truthinitiative.org



#### College leaders

College leaders are students at colleges and universities who undergo training in tobacco prevention campaigns and leadership development. College leaders help develop and lead engagement, educational and advocacy activities to educate and organize their peers and build a movement to become a tobacco-free campus.

Learn more about how to apply to be a college leader

eruth

### Helping colleges and universities quit tobacco

Ninety-nine percent of smokers try their first cigarette before age 26. We partner with colleges to stop young adults from using tobacco before they start, awarding grants to institutions to adopt a 100% tobacco/vapefree campus policy.

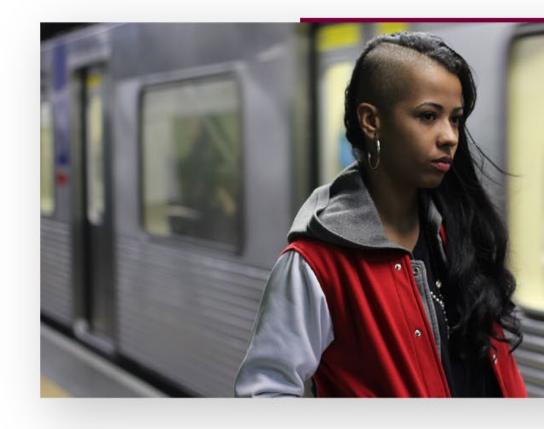


Tobacco-free screens: Changing the picture on the tobacco industry's influence in popular entertainment



# Exposing predatory tobacco industry tactics

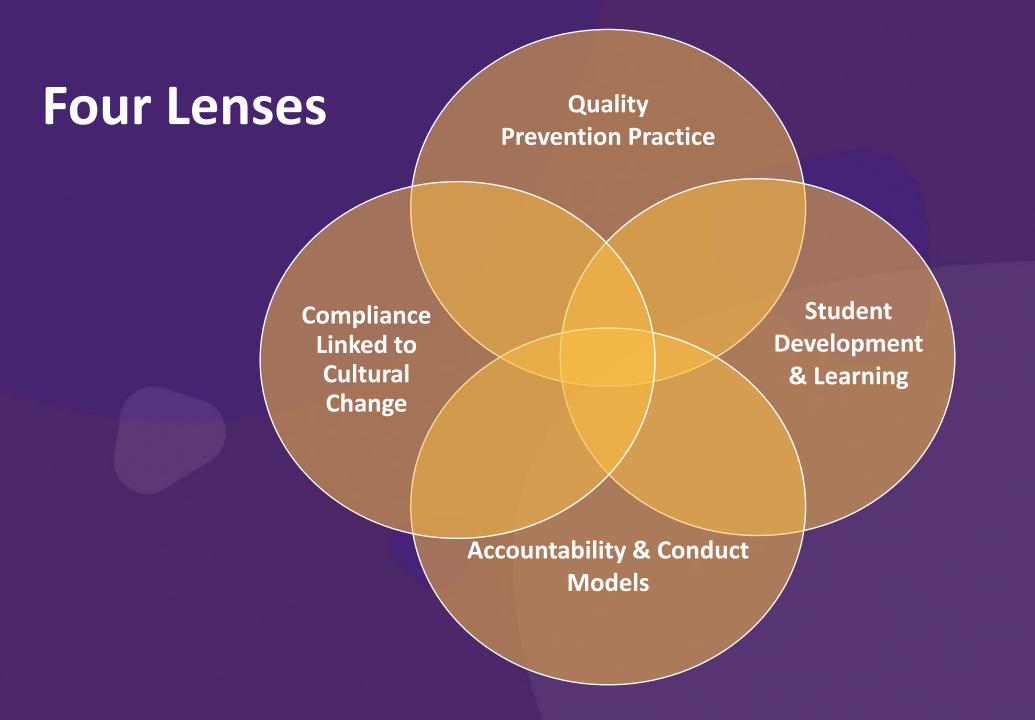
truth<sup>®</sup> has exposed Big Tobacco's predatory tactics with campaigns and videos such as "Read Between the Lies," "Making Menthol Black," "Worth More" and "Stop Profiling," among others. Truth Initiative also focuses research efforts on tobacco company strategies and their impact, as well as the industry's recent attempts to remake its image as a champion of public health despite these duplicitous tactics.



Learn more about tobacco industry influence  $\rightarrow$ 

"The secret of change is to focus all of your energy not on fighting the old, but on building the new." Millman (1980)

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	Compliance	Accountability	Prevention	Student Development
Hazing happens because	students don't follow the rules/law	students think they can get away with it	it's embedded in the campus culture	students believe it helps support their organization's goals
The way to make an impact in hazing prevention is	requiring everyone to participate in hazing training	removing organizations from campus when hazing is found to occur	offering alternate activities to denormalize hazing	better understanding student needs for a rite of passage
A good strategy for communicating the university's stance on hazing is	posters around campus with the hazing policy and how to report it	sharing a list of sanctions if you are caught hazing	recruiting peers to educate their student groups	posters debunking the myth that hazing creates solidarity
The best way to change a culture that supports hazing is to	have every student sign a form saying they won't haze	tell parents their student can go to jail or suspended from school	train coaches and advisors to talk to students about hazing	create a peer-led student organization to intervene in hazing

# TN State Hazing Law (TN Code 49-7-123)

✓ Adopt a written policy

 Make policy available/distribute to each student at the start of the school year

 Set aside time at orientation to discuss the policy, its ramifications as a criminal offense, & institutional penalties

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# "Make the obvious obvious, make the obvious dubious, make the hidden obvious" Patton (1990)



# **Understanding Hazing at Three Levels**

- 1. At the **individual level.** How do students *actually* experience hazing? How are they defining what constitutes hazing? What motivates them to participate in hazing activities as a participant and as a hazer?
- **2. Organizational culture** is both constantly changing and incredibly static. What drives an organization to make decisions that support hazing? What rewards exist in the system to support hazing participation for organizations?
- 3. At the **community level**: What "environmental presses" exist? It's what's "cool" or normative.

**Definition:** *Environmental Press*: the unspoken rules about how you succeed on a campus or an in an organization.

# **Barriers to Hazing Prevention**

## Individual

- Overconformity
- Rites of passage
- Sense of
  belonging
  Gender identity

# Organizational

- Pursuit of org. status
- Practical drift
- Play
- Gender identity/ norms
- O Unethical proorganizational behavior (UPB)

## Community

- Tradition
- Community norms
  - tacitly approve hazing
- o Rewards systems/
  - consequences
- $\circ$  Tolerable deviance
- Stakeholder support
- Boundary spanners

What is happening in the environment that signals how students behave in the environment?

# **Situational Strength**

"Implicit or explicit cues provided by external entities regarding the desirability of potential behaviors"

(Meyer, Dalal, & Hermida, 2010, p. 122).

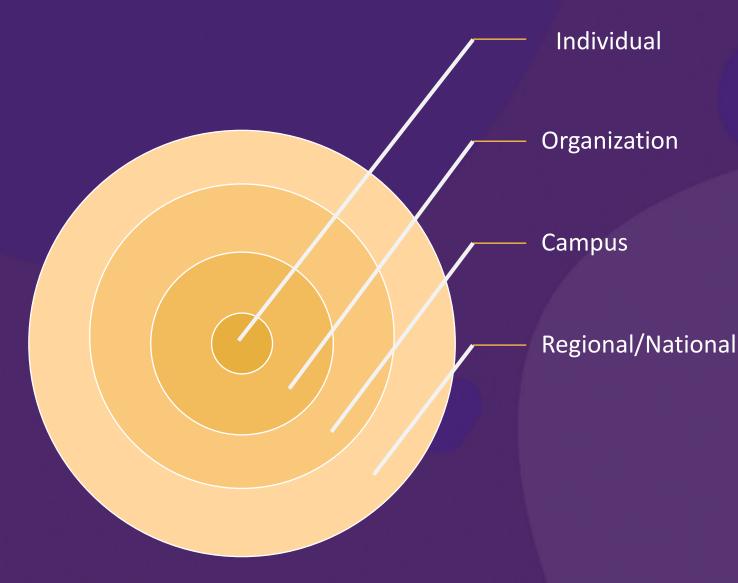
- Situations can be weak or strong.
- Strong situations:
  - Understand events the same way
  - Clear appropriate response pattern
  - Incentives for the performance of that response pattern
  - Require skills everyone has







# **Situational Strength**



 Multilevel in nature (ex. organizational culture and HQ/campus culture)

 Also influenced by national trends and temporal moments

# 4 C's of Situational Strength in Hazing



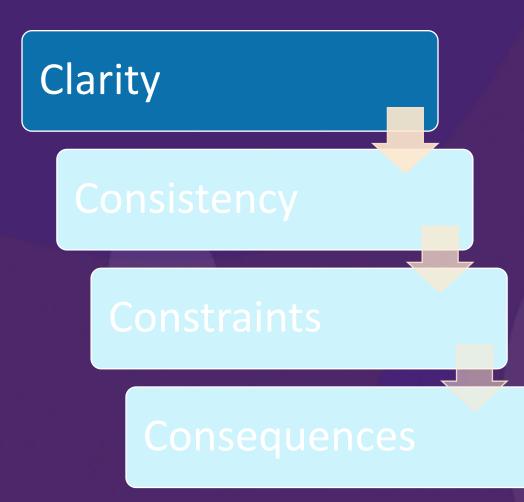






# **Steps to Challenge Hazing Cultures**

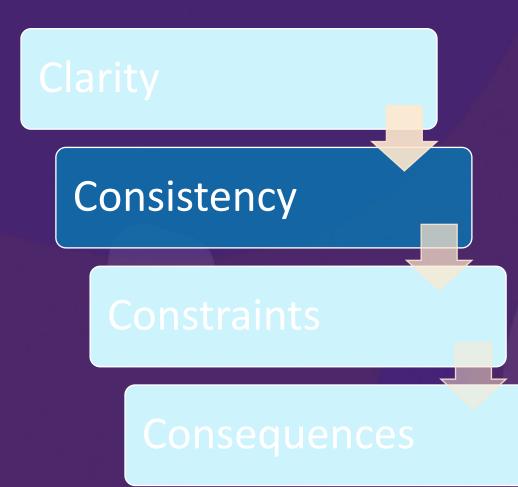




Identify: Fraternity house windows are covered in black plastic during initiation week so there must be nefarious things going on and the university is doing nothing about it

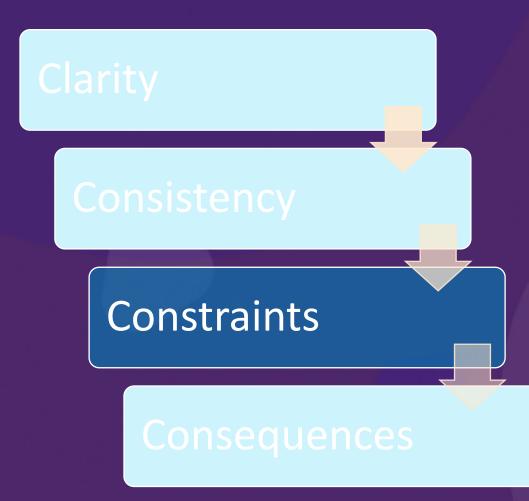
**Disrupt:** Stop by the houses during that week to check in/flag city code issues with the black plastic

**Construct**: Visible authority figures during high hazing times



Identify: Visible hazing happening in the yard outside the dining hall
Disrupt: Anti-hazing messages on table tents in the dining hall
Construct: Training dining staff to

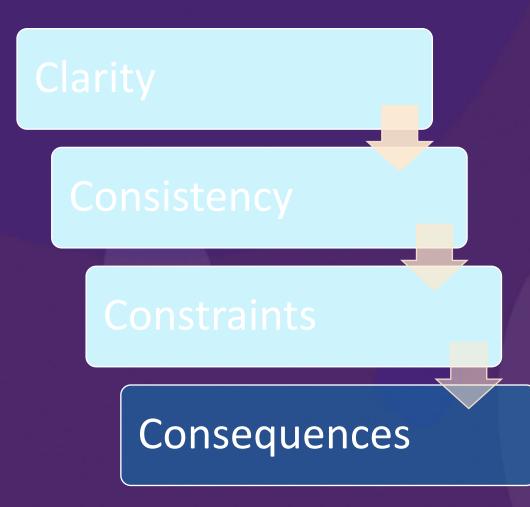
identify, address, and report



**Strength:** There is nothing else to do on campus if you don't belong to certain organizations, and thus no other alternatives other than tolerating hazing

**Disrupt:** Highlight multiple involvement opportunities

**Construct:** Introduce more desirable programming that doesn't require membership in problematic organizations



**Strength:** The groups with the highest social status are also the hazers

**Disruptor:** Reward groups for healthy behaviors/hazing prevention

**Construct:** Ways of driving social status in other ways (ex. women as drivers of men's group social status)

# **Strategies for Disrupting Situational Strength**

- Peer norming
- Anti-hazing messaging from respected student leaders
- Peer-created anti-hazing messaging
- Consistent messages from coaches and stakeholders
- Clear reporting channels
- Avenues for reaping benefits through other organizations

- Rewarding groups that don't haze/hazing reduction
- Tools for replacing hazing activities
- Transparent consequences for hazing
- Making it clear to students what is considered hazing
- Visibility of authority figures during high hazing times

# Using the 4 Cs on Your Campus

What are some of the strategies you're thinking about for your campus/organization to:

- Disrupt the clarity and consistency of hazing messages and increase clarity and consistency of anti-hazing messages?
- What are the constraints students experience if they don't haze? How do you change that?
- What are the consequences for not hazing? How do you change this?
- Are there other strategies you're considering?

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#### **Goals of the Hazing Prevention Institute**

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How do we build a data driven prevention plan?



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#### **Prevention: Multi-Tiered Approaches**

- Protective factors are characteristics associated with a lower likelihood of negative outcomes or that reduce a risk factor's impact.
- Often, prevention approaches focus on increasing protective factors
  - emotional self-awareness, emotional control, self-esteem, positive social skills, social problem solving, conflict resolution, or teamwork.
- A common feature in prevention approaches for violence, bullying, sexual assault, and alcohol misuse, is a multi-tiered approach aimed at community, organization, and individual levels.
- Addressing one public health issue may have positive effects on related public health issues

Hazing Prevention Network Cycle for Change

#### HPN CYCLE FOR CHANGE



#### Six Strategies for Enacting Change At The Individual Level



Understand and harness peer norms



Equip students with refusal and intervention skills



Provide and advertise multiple pathways for developing positive peer relationships



Create and clearly broadcast confidential reporting mechanisms



Provide leadership development for leaders on ethical decision making



Offer clear messaging and quality resources for mental health supports

## Six Strategies for Enacting Change at the Organizational Level







Motivational interviewing with chapter leaders with specific focus on decision-making



Focus your energy



Harness stakeholder power

Consider reward structures



Encourage organizations to document their processes and plans for all new member activities

#### Six Strategies for Enacting Change at the Community Level



Engage students in the community change process



Review your policies



Regularly monitor campus trends and integrate themes across organizations



Learn how status is assigned on campus/in the organization

Understand relationships between groups



Design hazing prevention curriculum that helps empower change

### Nothing for them, without them



#### **Strategies for Effective Change**

Kezar (2011) suggests that effective change has the following characteristics multi-pronged

multi-level

intentionally crafted

data driven

enlisting the support of stakeholders

engages student influencers

account for student norms, expectations, behaviors

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#### Results Based Accountability (Mark Friedman, 2009)

Quantity

Quality

#### How Much We Do

# students served
# services/activities

#### How Well We Do It

% of services or activities performed well

#### Is Anyone Better Off?

What change for the better was produced? Skills Behaviors Attitudes Circumstances

#### **Turning the Curve**

Trend

# Projection With Formation Formation

What indicators or behaviors would show hazing prevention efforts are working on our campus?

Step-By-Step RBA "Turn-The-Curve" Decision-Making Process

**1. What is the "end"?** What indicators or behaviors tell you that your efforts are working?

6. What strategies will we enact to turn the curve? (Your Plan) Determine what you & your partners will do to

turn the curve of the baseline.

#### 2. How are we doing? (Current State)

What is the historic baseline and based on the trends, the future trajectory for the indicator or performance measure?

#### 5. What works to turn the curve? (Prevention Strategies + 4 Cs)

Determine what would work to turn the curve of the baseline. Make sure to include no-cost/low-cost strategies.

#### 3. What is the story behind the curve of the baseline? (Motivators)

Think about the story behind the baseline: the factors (positive and negative, internal and external) that are most strongly influencing the curve of the baseline.

4. Who are partners who can help you turn the curve? (You+)

Identify partners who might be able to help turn the curve of the baseline.

#### **Components of Your Plan**

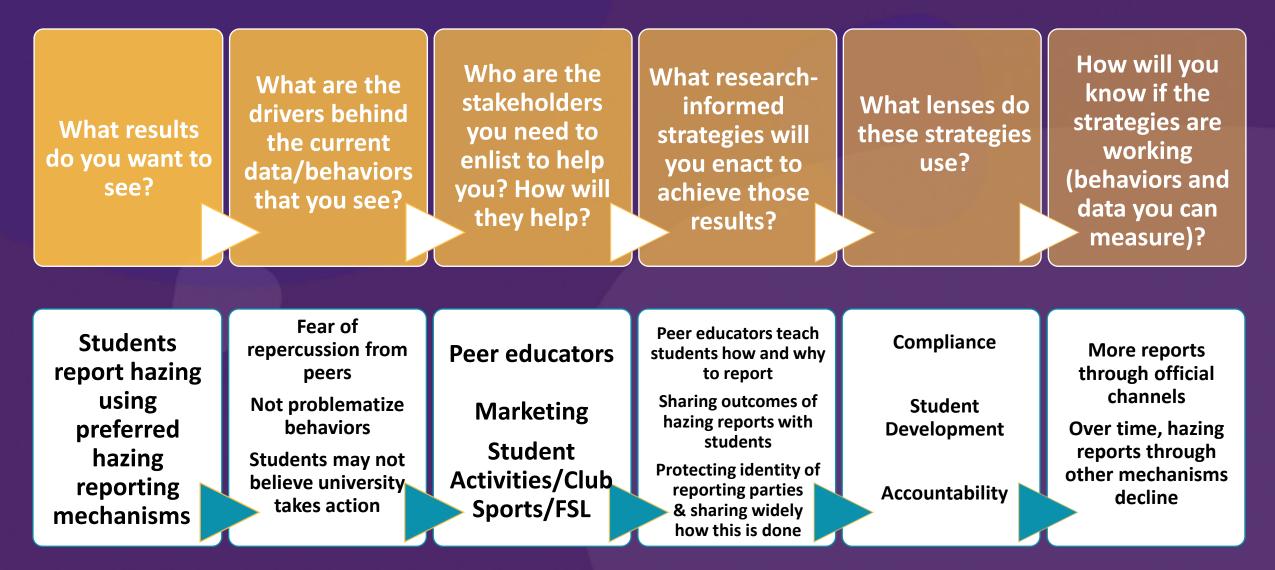
What results do you want to see? What are the motivators behind the current data/behaviors that you see? Who are the stakeholders you need to enlist to help you? How will they help?

What researchinformed strategies will you enact to achieve those results?

What lenses do these strategies use? How will you know if the strategies are working (behaviors and data you can measure)?



#### **Components of Your Plan**



#### **Working Groups**

Group	Location
UT-Knoxville	
UT-Chattanooga	
UT-Martin	
UT-Health Science	
UT-Southern	haz



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#### **Community of Practice**

- A group of people who work together through collective learning and problem solving around common problems.
- Focus on sharing learning and best practices with one another (Lave & Wenger, 2015).



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